Original research

Cortisol, behavioral responses, and injury scores of sows housed in gestation stalls

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Summary

Objective: To assess welfare status of 25 pregnant sows housed in gestation stalls, in terms of cortisol concentrations, behavioral responses, and injury scores.

Materials and methods: Data were collected on gestation days 5, 56, and 108. Time-lapse video recording for 24-hour periods was used to observe behavior at each data point. Salivary cortisol concentrations were assessed using radioimmunoassay. Injuries were scored individually and added to provide a total injury score (TIS).

Results: Cortisol concentrations were lower on gestation day 56 than on other days, and TIS was higher on day 108 than on days 5 and 56 ($P < .05$). Time spent lying was highest on day 108 ($P < .05$). Sows spent more time on exploration and active behavior on day 56 than on days 5 and 108 ($P < .05$). Time for the transition from sitting to lying was higher on day 108 than on day 56 ($P < .05$). Frequencies of overall postural change and of standing or sitting to lying and lying to sitting were highest on day 5 ($P < .05$). Frequency of lying to standing was higher on day 5 than on day 108 ($P < .05$). Body weight was negatively correlated with time spent on exploration and active behavior and standing.

Implications: Welfare of sows in gestation stalls appears to be more compromised during early and late stages of gestation. Providing larger sows with larger stalls might improve welfare.

Keywords: Swine, welfare, gestation, cortisol, behavior

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Resumen – Concentraciones de cortisol, respuestas de comportamiento y calificación de lesiones de hembras alojadas en jaulas de gestación

Objetivo: Valorar el bienestar de 25 hembras gestantes alojadas en jaulas de gestación, en términos de concentraciones de cortisol, respuestas de comportamiento, y calificación de lesiones.

Materiales y métodos: Se recopiló la información a los días 5, 56, y 108 de gestación. Se utilizó la video grabación de lapsos de tiempo por periodos de 24 horas para observar el comportamiento en cada uno de los puntos de evaluación. Se evaluaron las concentra-iones salivales de cortisol utilizando el radioinmunoesay. Las lesiones se calificaron individualmente y se sumaron para obtener una calificación de lesión total (TIS por sus siglas en inglés).

Resultados: Las concentraciones de cortisol fueron más bajas en el día 56 de la gestación que en los otros días, y el TIS fue más alto en el día 108 que en los días 5 y 56 ($P < .05$). El tiempo que las hembras pasaron acostadas fue mayor en el día 108 ($P < .05$). Las hembras pasaron más tiempo explorando y con comportamiento activo en el día 56 que en los días 5 y 108 ($P < .05$). El tiempo para la transición de sentado a echado fue mayor en el día 108 que en el día 56 ($P < .05$). La frecuencia de cambio total de postura y de estar paradas o sentadas a echarse y de echado a sentado fue más alta en el día 5 ($P < .05$). La frecuencia de echado a sentado fue más alta en el día 5 que en el día 108 ($P < .05$). El peso corporal se correlacionó negativamente con el tiempo utilizado en exploración, y comportamiento activo y en estar paradas, y se correlacionó positivamente con el tiempo que las hembras permanecieron acostadas ($P < .05$).

Implicaciones: El bienestar de las hembras en jaulas de gestación parece estar más comprometido durante las primeras y las últimas etapas de la gestación. El ofrecer jaulas más grandes a las hembras más grandes, pudiera mejorar el bienestar.

Résumé – Concentration de cortisol, réponse comportementale, et pointage des lésions chez des truies logées dans cages de gestation

Objectif: Evaluer le degré de bien-être de 25 truies gestantes logées dans des cages de gestation par mesure des concentrations de cortisol, de la réponse comportementale, et des pointages de lésions.

Materiel et methods: Les données ont été prélevées aux jours 5, 56, et 108 de la gestation. L’enregistrement à intervalles pendant des périodes de 24 h a été utilisé afin d’observer le comportement à chaque point de données. Les concentrations de cortisol salivaire ont été mesurées par dosage radio-immunologique. Les blessures ont été mesurées individuellement et additionnées pour donner un pointage total de blessure (TIS).

Résultats: Les concentrations de cortisol étaient plus basse au jour 56 de gestation qu’aux autres jours, et le TIS était plus élevé au jour 108 de gestation qu’aux jours.
The minimum space required for average-sized sows and have similar design and measurements. The size of sows, nevertheless, varies considerably, depending on age, genetics, feeding level, and stage of gestation, and effective space available to a sow may become inadequate with advancement of pregnancy. A deficit of space may adversely affect the ease of postural change, expressed by the sow reducing the frequency of postural behavior. Lack of space may also lead to suppression or displacement of one or more activities, causing aberrant behavior and physiological changes and poor welfare. Pregnant gilts introduced into stalls are reported to have a lower frequency of lying down and standing up compared with loose-housed gilts, due to the difficulty in carrying out these movements. Gilts often turn around with no obvious external stimulus, possibly driven by internal factors, and this behavior is prevented in confined systems. Rigorous genetic selection to improve meat production has changed the body size (length and weight) of modern domestic pigs, adding to the difficulty in standing up and lying down in restricted spaces. The stall housing system for gestating sows has become a cause of concern for animal welfare movements all over the world, including the United States. A scientific assessment of the welfare of stall-housed sows is therefore warranted to suggest modifications of the stall system to make it more “welfare friendly.” Assessing animal welfare is difficult because of its multi-dimensional nature and lack of validation of the measures. Behavior as a measure in welfare assessment is limited owing to the lack of values indicating compromised welfare. Stereotypies are often reported to be associated with compromised welfare, while the alternative view is that stereotypies are part of an animal’s coping mechanism. Even so, there is little disagreement about the effect of poor health on welfare, and hence use of health-related measures such as injuries to assess welfare is justified. Physiological indicators such as cortisol response, though often used in stress assessment, are limited in that there is no specific level suggestive of stress. Higher cortisol levels may be obtained in presumably nonstressful situations such as sexual excitement. However, when values for physiological parameters are outside the normal range for the species and the situation under which the sample was collected, then these values might be indicative of stress. Change in behavior may be a consistent response to a stressor rather than a physiological change. Therefore, a combination of cortisol response and behavioral indicators might provide better assessment of welfare in a given situation than either parameter alone.

The welfare status of sows may not be static throughout their stay in the gestation housing system. Factors such as separation from piglets, change in accommodation, and restricted feeding may contribute to an initially low welfare status of sows in stalls. The sow may adjust to the situation as the stay continues. In late gestation, the sow may be compromised by the relatively smaller space available with increasing body size. Stress associated with advanced gestation may cause further compromise. Though confinement in stalls has been viewed as adversely affecting welfare, the manner in which the compromise in welfare progresses during the course of the stay in the stalls has not been studied in detail.

The present study, therefore, aimed to assess the welfare status of sows housed in stalls through measurement of injury scores, salivary cortisol concentrations, and behavior during the initial (day 5), middle (day 56) and late (day 108) stages of gestation.

Materials and methods

Animals and housing

The study was conducted at the University of Minnesota Southern Research and Outreach Center at Waseca, Minnesota. All protocols were approved by the institutional Animal Care and Use Committee of the University of Minnesota. Twenty-five sows (Yorkshire X Landrace) of parities one to five and with body weights ranging from 157 to 249 kg were randomly selected at weaning and housed in conventional gestation stalls after weaning. Stalls had fully slatted floors and individual feeders and waterers, and were 200 cm (length) × 60 cm (width) × 97 cm (height). Sows were artificially inseminated while in the stalls. Sows were fed 1.8 to 2.5 kg of feed daily, on the basis of body weight and backfat at weaning. Injury scores, behavior, and salivary cortisol concentrations were assessed and sows were weighed on days 5, 56, and 108 of gestation.

Measurements

Salivary cortisol. Saliva samples were collected from the sows before injury scoring, using a Salivette with cotton wool swab
Sows were allowed to chew the swab clipped to a flexible thin metal rod until it was thoroughly moistened. Saliva samples were collected between 10 and 11 AM on all collection days. Care was taken to keep the sows minimally disturbed during the process of saliva collection. The Salivettes with moistened cotton swabs were centrifuged at 400g for 5 minutes to extract the saliva. Approximately 0.5 mL saliva was obtained from each swab. The solid-phase cortisol radioimmunoassay (Coat-A-Count TKCOs; Diagnostic Products Corporation, Los Angeles, California) was modified to measure cortisol concentrations in saliva. All samples were analyzed in duplicate.

**Injury score.** Injuries of sows were scored by use of a scoring system reported elsewhere. The injury scores were based on frequency and severity of wounds on different body locations (0 = no injury; 1 = mild; 2 = obvious; 3 = severe). Individual scores for a sow were added to get the total injury score (TIS). The same person scored injuries on all days.

**Behavior.** Behavior of the sows during 24-hour periods was observed using time-lapse video recording. Sows were identified by large numbers painted on their backs, applied one day before video recording began. Cameras were mounted as conveniently as possible to view the movements of the sows in the stalls, with each camera including four to five sows in the frame. Videotapes were analyzed for the duration and proportion of time spent on behaviors and frequency of behaviors. The frequency of behaviors and proportion of time each sow spent performing different behaviors during the first 15 minutes of every hour for the 24-hour period were analyzed from the videotape using The Observer, version 4.1. (Noldus Information Technology Inc, Leesburg, Virginia). Postures, exploration and active behavior, and stereotypies were recorded. Postures included standing (body supported by all four legs in an upright position), sitting (dog-sitting posture), and lying (lateral or sternal recumbency). Rooting, nosing, and licking of the fixtures and fittings while standing, feeding, and drinking were considered exploration and active behavior. Behavioral patterns performed repetitively in a fixed order and without any obvious function, such as repetitive vacuum chewing and bar biting, were considered stereotypies. The proportion of time spent on a specific behavior was expressed as percentage of observation time, and the number of occurrences in the observation time was expressed as frequency of behavior.

**Statistical analysis**

This was an observational study with sow as the experimental unit for analysis. Mean and standard error (SE), median, and range were used to describe the data collected. ANOVA for repeated measures and Tukey’s pairwise comparisons were performed to compare cortisol concentrations, body weight, proportion of time spent performing behavior, and duration of behavior at different stages of gestation. A Friedman’s chi-squared test based on Cochran-Mantel-Haenszel statistics with rank scores (after adjusting for sows to reduce the variation due to individual sow differences) followed by nonparametric multiple comparison (comparison of mean ranks) were employed for comparing frequency of behavior and injury scores. The correlations of cortisol concentrations with proportion of time spent on behavior and duration of behavior were analyzed using Pearson correlation. Spearman rank correlation was used for studying the association between cortisol concentrations and behavior frequency, cortisol concentrations and injury scores, and injury scores and behavior. The chi-squared test was performed to study the association between presence or absence of injuries in different body locations and stages of gestation. All analyses were performed using the statistical software SAS (Statistical Analysis System, Version 8.2; SAS Institute Inc, Cary, North Carolina). A value of $P < .05$ was considered significant for all tests.

**Results**

Proportions of time spent on the postural behaviors, times taken for postural changes, and frequencies of the postural behaviors at different stages of gestation are presented in Table 1. The proportion of time spent lying was higher and time spent standing was lower on day 108 of gestation than on days 5 and 56. The proportion of time spent in exploration and active behavior was higher on day 56 than the other two stages. The stages of gestation did not differ in terms of the proportion of time sows spent sitting or performing stereotypic behaviors. The time taken for postural changes (ie, time for the transitions) from standing to sitting, standing to lying, lying to standing, lying to sitting, and sitting to standing did not differ with the stage of gestation, whereas the time taken for sitting to lying was longer on day 108 than on day 56 of gestation. Median frequency of overall postural change and median frequencies of transitions from standing to lying, sitting to lying, and lying to sitting were higher on day 5 than on days 56 and 108 of gestation. Median frequency of the transition from lying to standing was higher on day 5 than on day 108. Injuries on the udder increased as gestation advanced ($\chi^2 = 12.662, df = 2; P < .01$) and udder injuries were positively correlated with the amount of time spent lying down ($r = 0.412; P < .001$).

Salivary cortisol concentrations and body weights (mean ± SE) and medians and ranges of TIS are shown in Table 2. Salivary cortisol concentrations were lower on day 56 than on days 5 and 108 of gestation. Body weight was greater on day 108 than on days 5 and 56, and had increased by >10% between day 5 and day 108 of gestation. Median TIS was higher on day 108 than on days 5 and 56 of gestation. Body weight was negatively correlated with the proportions of time spent in exploration and active behavior ($r = -0.261; P < .05$) and standing ($r = -0.278; P < .05$) and positively correlated with the proportion of time spent lying ($r = 0.233; P < .05$). Salivary cortisol concentrations were not correlated with TIS or behavior, and TIS was not correlated either with the proportion of time spent on any of the observed postures or frequency of postural changes.

**Discussion**

The increase in salivary cortisol concentrations in the sows observed in this study during the initial stages of gestation (day 5) might have been caused by separation from the piglets and rapid transition from the ad libitum feeding in farrowing crates to restricted feeding in gestation crates. Previous reports have indicated that weaning increases cortisol secretion in sows. The difference in the size and structure of farrowing crates and gestation stalls might also have contributed to stress and elevation in cortisol concentrations. The flooring in the farrowing crate was cast iron, while in the gestation stall it was concrete slats. The width of the stall (60 cm) was also less than that of the farrowing crate.
from the reduction in cortisol concentrations, and medians and ranges of frequencies of postural behavior at different stages of gestation for 25 sows housed in gestation stalls and observed by time-lapse videotaping for 24-hour intervals

<table>
<thead>
<tr>
<th>Measures</th>
<th>Stage of gestation</th>
<th>P†</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proportion of time (mean ±SE) spent on behavior (no. of animals showing the behavior)</td>
<td>Day 5</td>
<td>Day 56</td>
</tr>
<tr>
<td>Lying (%)</td>
<td>74.90 ± 2.154a</td>
<td>73.28 ± 2.144a</td>
</tr>
<tr>
<td>Standing (%)</td>
<td>21.28 ± 2.263a</td>
<td>24.85 ± 2.105a</td>
</tr>
<tr>
<td>Sitting (%)</td>
<td>3.82 ± 0.549</td>
<td>1.88 ± 0.616</td>
</tr>
<tr>
<td>Exploration and active behavior (%)</td>
<td>14.78 ± 1.817a</td>
<td>23.72 ± 2.002b</td>
</tr>
<tr>
<td>Stereotopies (%)</td>
<td>1.33 ± 0.431 (11)</td>
<td>2.91 ± 0.739 (13)</td>
</tr>
<tr>
<td>Duration of postural changes (no. of animals showing the behavior)</td>
<td>Day 5</td>
<td>Day 56</td>
</tr>
<tr>
<td>Standing to sitting (seconds)</td>
<td>10.65 ± 5.005 (5)</td>
<td>8.76 ± 3.249 (6)</td>
</tr>
<tr>
<td>Standing to lying (seconds)</td>
<td>14.44 ± 1.01 (25)</td>
<td>16.88 ± 1.095 (20)</td>
</tr>
<tr>
<td>Sitting to standing (seconds)</td>
<td>5.62 ± 0.955 (19)</td>
<td>4.15 ± 0.477 (16)</td>
</tr>
<tr>
<td>Sitting to lying (seconds)</td>
<td>10.326 ± 0.447 (18)ab</td>
<td>8.733 ± 0.565 (8)b</td>
</tr>
<tr>
<td>Lying to standing (seconds)</td>
<td>8.35 ± 0.889 (20)</td>
<td>6.61 ± 0.890 (17)</td>
</tr>
<tr>
<td>Lying to sitting (seconds)</td>
<td>7.30 ± 1.115 (23)</td>
<td>5.80 ± 0.486 (15)</td>
</tr>
</tbody>
</table>

Frequencies of postural changes (median and range)

<table>
<thead>
<tr>
<th>Overall postural change</th>
<th>Day 5</th>
<th>Day 56</th>
<th>Day 108</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 (3-52)c</td>
<td>6 (0-16)d</td>
<td>6 (0-21)d</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Standing to sitting</td>
<td>0 (0-3)c</td>
<td>0 (0-8)</td>
<td>0 (0-2)</td>
</tr>
<tr>
<td>Standing to lying</td>
<td>4 (1-14)c</td>
<td>2 (0-5)d</td>
<td>1 (0-6)d</td>
</tr>
<tr>
<td>Sitting to standing</td>
<td>2 (0-7)</td>
<td>1 (0-6)</td>
<td>1 (0-5)</td>
</tr>
<tr>
<td>Sitting to lying</td>
<td>1 (0-11)c</td>
<td>0 (0-4)d</td>
<td>0 (0-4)d</td>
</tr>
<tr>
<td>Lying to standing</td>
<td>2 (0-8)c</td>
<td>1 (0-4)cd</td>
<td>1 (0-3)d</td>
</tr>
<tr>
<td>Lying to sitting</td>
<td>4 (0-18)c</td>
<td>1 (0-5)d</td>
<td>1 (0-8)d</td>
</tr>
</tbody>
</table>

* Exploration and active behavior included rooting, nosing, and licking of the fixtures and fittings while standing, feeding, and drinking. Stereotopies included behavioral patterns performed repetitively in a fixed order, without obvious function (eg, repetitive vacuum chewing and bar biting).

† ANOVA for repeated measures and Tukey’s pairwise comparisons were performed to compare proportion of time spent performing behavior and duration of behavior at different stages of gestation. A Friedman’s chi-squared test based on Cochran-Mantel-Haenszel statistics with rank scores (after adjusting for sows to reduce the variation due to individual sow differences) followed by nonparametric multiple comparison (comparison of mean ranks) were employed for comparing frequency of behavior.

Table 1: Means (± SE) of proportion of time spent (% of observation time) on different behaviors,* time taken for postural changes, and medians and ranges of frequencies of postural behavior at different stages of gestation for 25 sows housed in gestation stalls and observed by time-lapse videotaping for 24-hour intervals.

In summary, the piglet is faced with a new environment in which it must learn to adapt to various stresses and challenges. The piglet’s behavior, particularly in terms of movement and postural changes, is influenced by the maternal environment, pregnancy advancement, and potentially other factors such as the presence of unfamiliar sows or the size of the stall. Understanding these changes is crucial for developing effective management strategies that support the well-being of the sow and her offspring.
When the sow is lying down, especially in late gestation, there is insufficient space for an animal to perform an activity, then that activity is not performed or is suppressed. However, a lower frequency of postural changes does not necessarily equate with less stress. If there is insufficient space for an animal to perform an activity, then that activity is not performed or is suppressed. The reduction in frequency of overall postural change observed on day 108 of gestation thus might be due to a reduction in space available for postural changes, consequent to the increase in body weight or size.

In terms of welfare, sows in gestation stalls appeared to be more compromised during early and late stages of gestation. A basic stressor, i.e., lack of space for postural changes, remains the same throughout gestation, while additional factors operate in early and late gestation. In this study, the lack of significant change in body weight between day 5 and day 56 of gestation suggests that the difference in welfare on day 5 might be due to weaning, feed restriction, and change in accommodation, and not space restriction alone. The reduction in welfare in late gestation might have resulted from increased body weight and consequent reduction in space available, making postural changes uncomfortable, as well as physiological changes occurring with advancing gestation. Although salivary cortisol concentrations showed significant changes with stage of gestation, cortisol concentration was not correlated with duration and frequency of behaviors and injuries. However, this was expected, as there were no opportunities, under the conditions of this study, for episodes of acute cortisol surge, such as intense aggression or excitement. Saliva was not collected immediately after behavioral events. However, body weight increased significantly late in gestation and was negatively correlated with the proportions of time spent in exploration and active behavior, indicating the difficulty experienced by sows in advanced gestation when the space is restricted.

Under the conditions of this study, it appears that increasing available space in gestation stalls would improve sow welfare. Provision of adjustable stalls or slightly larger stalls for larger sows are options worth considering, given the difficulty in altering the sizes of all stalls in all housing systems. Although this study provided an assessment of welfare of pregnant sows during their stay in gestation stalls, the relative contributions of various stressors operating at different stages of gestation could not be assessed and no comparison was made to the welfare of sows in pens, limiting interpretation of the results to this extent.

**Implications**

- Welfare of sows in gestation stalls may be less compromised in midgestation than in early and late gestation.

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**Table 2:** Salivary cortisol concentrations* and body weights (mean ± SE) and total injury scores† (TIS; median and range) at different stages of gestation for 25 sows housed in gestation stalls

<table>
<thead>
<tr>
<th>Measures</th>
<th>Stage of gestation</th>
<th>P‡</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Day 5</td>
<td>Day 56</td>
</tr>
<tr>
<td>Cortisol (ng/ml)</td>
<td>1.03 ±0.174a</td>
<td>0.48 ± 0.057b</td>
</tr>
<tr>
<td>Body weight (kg)</td>
<td>206.1 ±4.90a</td>
<td>200.9 ± 3.86a</td>
</tr>
<tr>
<td>TIS</td>
<td>4 (2-14)c</td>
<td>5 (2-14)c</td>
</tr>
</tbody>
</table>

* Salivary cortisol assessed using a modified20 solid-phase cortisol radioimmunoassay (Coat-A-Count TKCOS; Diagnostic Products Corporation, Los Angeles, California).
† One investigator, using the system of Anil et al.,21 scored all sows for injuries on different body areas: 0, no injury; 2, mild; 3, obvious; 4, severe. Individual scores were added to get the TIS for each sow.
‡ Cortisol concentrations and body weights compared using ANOVA for repeated measures and Tukey’s pairwise comparisons. A Friedman’s chi-squared test based on Cochran-Mantel-Haenszel statistics with rank scores (after adjusting for sows to reduce the variation due to individual sow differences) followed by nonparametric multiple comparison (comparison of mean ranks) were employed for comparing TIS.

ab Within a row, means with different superscripts differ (Tukey’s pairwise comparisons; P < .05).
cd Scores with different superscripts differ in their mean rank (Tukey’s pairwise comparisons; P < .05).
• Welfare of gestating sows may be improved by providing slightly larger stalls for larger sows.

Acknowledgements

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* Non-refereed references.